

# MODULE 1: LIVING A LIFE OF WORSHIP

# INTRODUCTION

In this module, **Anabeth Morgan** explains the purpose and practice of worship. Then, she teaches about how to worship God in your daily activities.



This module's teaching will help you answer two central questions:

1. How does worship deepen and demonstrate my intimacy with God?
2. How can I grow as a worshipper of God in my daily life?

# SESSION 1: WHY WE WORSHIP

## *Video Notes*

1. **Worship is ascribing worth to something** (Revelation 5:6-9; Revelation 7:11). Every human is designed to give worth to something in life. Worship is where your devotion is centered. We are designed to worship, having been created in the image of God, and we see that even our God sings!
2. **Worship is more than singing; it's surrender and obedience.** As we sing in worship, we pour out devotion to God and express our desire to follow Him. As a leader, you create spaces for others to be with God and to know more of who He is and what He has done. Worship goes beyond singing—it's an act of surrender and obedience. When we worship through song, we offer our hearts to God, expressing both our devotion and our willingness to follow Him. As a leader, your role is to create space for others to encounter God's presence, to see more clearly who He is, and to remember what He has done—all through the practice of worship.
3. **When we gather together as the church, we come ready to worship the living God** (Colossians 3:16; Hebrews 10:24-25). As leaders, if we are not creating spaces for people to practice worship and corporately focus their attention on God, things start to die. As a leader, you need to be a lead worshipper in church gatherings, regardless of your official role in the worship service, leading the way for others to follow.
4. **Gathering together in worship produces encouragement.** We remind one another to keep giving worth to God, to obey what He is saying, and to keep singing and trusting God, no matter what circumstances we find ourselves in. The gathered community of God's people is central to a life of worship.

# SESSION 1: WHY WE WORSHIP

## *Reflection Questions*

- 1.** Anabeth describes singing as a way of expressing devotion and gratitude to God - a way of ascribing to God the worth that He is due. Is singing to God a significant part of your life? Why or why not?
- 2.** Anabeth says that as a leader in your church, you are responsible for being a lead worshipper. Have you considered singing and participating in corporate worship as a significant part of your leadership role (especially if that role is not on the worship team)? What would it look like for you to step into this more fully?
- 3.** If your role is not as a worship leader or on the worship team, how could you incorporate worship more in the area that you serve?

# SESSION 2: WORSHIP IN EVERYDAY LIFE

## *Video Notes*

1. **You were made to worship in everyday life** (Isaiah 43:7, Psalm 29:2). The key to worshipping in daily life is to use daily disciplines and rhythms to get to know God.
2. **Individual disciplines lead to everyday worship.** These include prayer, reading Scripture, singing, sharing God's goodness with others, and living a life pleasing to God.
3. **You can ascribe worth to the Lord by...**
  1. **Getting to know Him.** Spend time with God first, and you will be able to hear and respond to Him more clearly throughout your day.
  2. **Worshipping Him with singing.** Make singing to God a daily part of your life.
  3. **Speaking about Him.** Share the good news of what God is doing in your life.
  4. **Living a life pleasing to Him** (Micah 6:8).

## SESSION 2: WORSHIP IN EVERYDAY LIFE

### *Reflection Questions*

- 1.** Worship connects you to God in your individual thoughts and actions, and in the ways you interact with others. Is there an area of your life that feels disconnected from God? Is there an area of your life you sense you are ascribing more worth than you would want?
- 2.** What is one worship song that draws you closer to the Lord in this season of life and increases your desire to sing?
- 3.** You worship God by sharing about God's goodness to others. Is this something that feels comfortable or typical for you? Who is one person with whom you have weekly engagement that you could speak to about Jesus?
- 4.** Meditate on Micah 6:8 and ask the Lord to reveal a place in your life that can offer an even more pleasing aroma of worship. What area of your life comes to mind?